

# Marist School Level 3 Community Update - 21.09.21

Mōrena Marist whānau,

Yesterday the Prime Minister announced that Auckland would move into Level 3 from 11:59pm tonight ( Tuesday 21st Sept) for at least 2 weeks till Monday 4th October ( first Monday of school holidays).

Marist School will retain its Staff Only Day on Friday 1st October and conclude online Home Learning on Thursday 30th September at 3pm.

As you heard, and know, and have been informed; a Level 3 return to school for your child/ren is only if you need to return to work and there is no one at home to care for them.

We know that Level 3 is just as challenging as Level 4 but the great learning from home will continue for all children.

There are a couple of helpful links here from the Ministry of Education.

## **1. Student WellBeing:**

### **Alert level restrictions: tips for parents from Dr Hinemoa Elder and Nathan Wallis**

We have heard that many parents and whānau are feeling anxious about their children's behaviour and routine changes through alert level changes and extended alert level restrictions.

Thank you for sharing these concerns – in response, we asked Dr Hinemoa Elder (child adolescent psychiatrist) and Nathan Wallis (neuroscience educator) for some tips and advice.

[In the video they've made](#), they describe what parents can do if they have concerns.

If you are still concerned your tamariki aren't coping, it's important to remind you to reach out and talk with a health professional. [There's a lot of support, information and help available.](#)

## **2. Ministry of Social Development Help with Essential Costs**

If you are struggling with meeting essential household costs you can find extra support on our website.

Information is there in English, Te Reo, Hindi, Samoan, Tongan & Chinese.

3. As always the amazing Marist Community is here to help with anything. Please reach out and let me know if you need anything.



“Which is more important,” asked Big Panda, “the journey or the destination?”

“The company.” said Tiny Dragon.

jamesnorbury.com

*Nga manaakitanga katoa a te Atua  
All God's Blessings*

Carolynn

Mrs Carolynn Phillips  
Principal

[c.phillips@marist.school.nz](mailto:c.phillips@marist.school.nz)