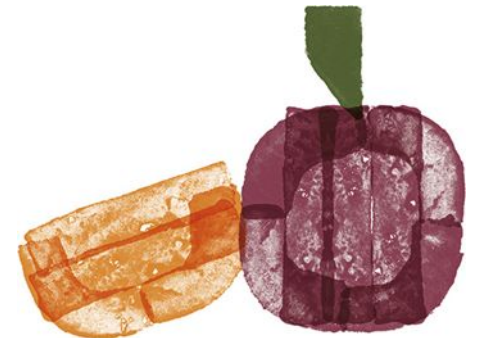




INTRODUCTION

*Pleasurable food education:
skills for learning, skills for life*





What is Garden to Table?

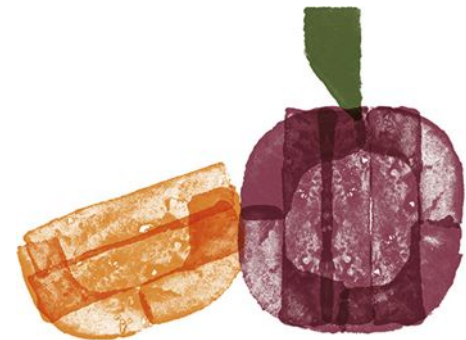
- An exciting, integrated and comprehensive programme that helps children understand how to grow, harvest, prepare and share ***good food***
- It builds ***skills for life*** through highly practical, curriculum-integrated and child-centric classes teaching gardening and cooking skills
- Provides ***NZ Curriculum-linked activities*** that allow authentic integration of Garden to Table into classroom-based learning
- Builds awareness of responsibility for the ***environment, conscious eating*** and ***community connectedness***





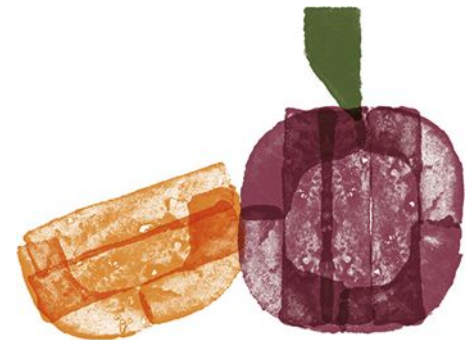
Garden to Table at Marist

- Delivered by and at school by Naomi and Helena, our Garden Specialists and Johanna and John, our Kitchen Specialists every week.
- Our Programme Champion, Sheila oversees Garden to Table at the school.
- Class teachers are a support person at the Garden to Table sessions and take learning back to the classroom, enhanced by curriculum resources.
- Hands-on, fun sessions in the garden and kitchen every Wednesday- children learn through doing.
- Lots of opportunities for volunteer engagement.



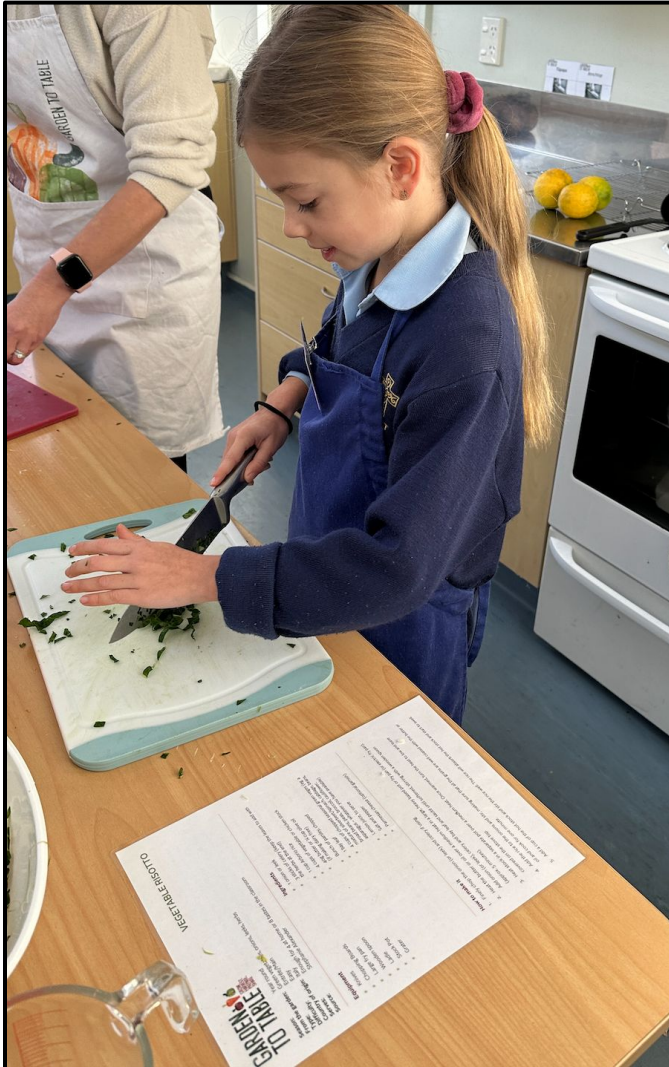


Garden to Table Overview: Let Lucy show you around the Garden to Table programme at Northcote Primary School.



GARDEN TO TABLE

GROW,
HARVEST,
PREPARE,
SHARE



'In the kitchen, the children are taught how to take hot trays in and out of the oven, to do the cleaning up, wash the dishes and sweep the floor etc. Supervision is required to ensure safety around sharp tools, knives and hot elements.' *From Garden to Table Programme*





Marist Garden to Table



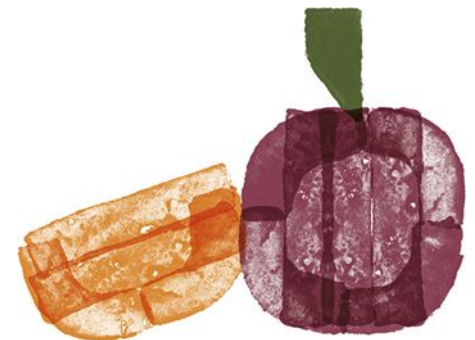
GARDEN TO TABLE

GROW,
HARVEST,
PREPARE,
SHARE

Marist Garden to Table



'It's important the children learn to do everything required for a fruitful garden, not just the fun bits like planting and harvesting. They all need to take turns at weeding, watering, digging new gardens, turning the compost etc.' *From Garden to Table Programme*



GARDEN TO TABLE

GROW, HARVEST, PREPARE, SHARE

Marist Garden to Table



GARDEN TO TABLE

GROW,
HARVEST,
PREPARE,
SHARE



Want to find out more?

www.gardentotable.org.nz

Want to help?

Email s.white@marist.school.nz

